

Acupuncture Services

\$75 PER SESSION

Acupuncture is a safe and evidence-based treatment for a variety of health conditions. It can be a valuable part of your whole-health treatment plan in collaboration with your primary care physician.

It is a virtually pain free and relaxing experience designed to help various conditions and promote general health.

It is performed by licensed, trained, and experienced clinicians.

Questions about acupuncture?
Email the clinicians:
trageracupuncture@gmail.com

OUR CLINICIANS



Andrea Helton
MSAOM, L.Ac



Dr. Colby Helton
DAOM, L.Ac

BENEFITS OF ACUPUNCTURE

- Acute and chronic pain
- Inflammation
- Respiratory and allergy issues
- Cardiovascular and circulatory issues
- Digestive Issues
- Hormonal and metabolic issues
- Mental-emotional imbalances
- Sleep and energy imbalances
- Urinary Imbalances
- Reproductive and sexual health imbalances (male and female)
- Reduction of side effects of certain medications

For a complete list of benefits and detailed information, visit:
www.tragerinstitute.org/acupuncture

Call **(502) 588-0433** or visit
www.tragerinstitute.org/acupuncture
to schedule

Insurance

Acupuncture at the Trager Institute is currently a cash-based service, but there are options:

We accept HSA/HRA/FSA cards

If your card does not go through, ask your clinician for a superbill and you can request reimbursement from your insurance carrier.

Member Reimbursement

If you think you have acupuncture benefits, ask your clinician for a superbill and a member claim form that you can submit to your insurance for reimbursement.