

Trauma-Informed FlourishCare™

Behavioral Health Therapy



At the Trager Institute, we understand that behavioral health is a critical component of our overall emotional, psychological, and physical well-being.

As part of the Trauma-Informed FlourishCare™ Care Model, behavioral health is offered to individuals, couples, and families.

Our professional staff of licensed therapists are assisted by a team of over 50 practicum students from the University of Louisville Schools of Social Work, Clinical Psychology, Clinical Behavioral Health and Nursing many who act as intern therapists **providing free counseling to those that cannot afford a co-pay**. Our students are all supervised by licensed mental healthcare providers.

Physicians refer patients to us through Epic, patients can call us at **502-588-4340**, scan the QR code to the left to make an appointment, or visit our website: <https://www.tragerinstitute.org/mental-health-supports>



WE CAN TREAT

- Depression and anxiety
- Grief and loss
- Aging
- Divorce or separation
- Life transitions
- Self-esteem issues
- Self-harm & suicidal ideation
- COVID stress/Longhailer's stress
- Psychological non-epileptic seizures and movement disorders
- Pre/post-surgery counseling for bariatric surgery patients, cardiac rehab patients, and medical psychological issues that arise in healthcare

WE OFFER

- Individual, couples, and family therapy
- Behavioral health screenings and assessments
- Group counseling

QUESTIONS?

Joseph G. D'Ambrosio, Director of Behavioral Health
PhD, JD, LMFT, LCSW, DipACLM
joe.dambrosio@louisville.edu

Christian Furman, Medical Director
MD, MSPH, AGSF
christian.furman@louisville.edu