

About CRIT

The CRIT program is a two-day immersive experience that increases the knowledge and leadership skills of professionals serving older adults. 2018 is the fifth year that the University of Louisville has hosted the CRIT Program.

CRIT reinforces the importance of interdisciplinary collaboration in caring for older adults. As such, this program is interdisciplinary in both content and attendees. CRIT provides the opportunity for Chief Residents, Program Directors, social work students, nursing students, chaplain residents, community workers, patients, and pharmacy residents to participate in interdisciplinary collaboration.

Program Objectives

- To foster collaboration among disciplines in the management of complex older patients
- To incorporate geriatric medicine and palliative care principles into teaching and administrative roles
- To develop leadership/teaching skills around the care of complex older patients
- To enhance leadership/teaching skills required in your leadership role
- To develop an achievable project related to Geriatrics or Palliative Care, to be carried out during the year



2017 CRIT Attendees

UofL Faculty

Demetra Antimisiaris, PharmD
Anna Faul, PhD
Joseph D'Ambrosio, PhD, JD, LMFT
Christian Davis Furman, MD, MSPH, AGSF
Josephine Gomes, MD
Rangaraj K. Gopalraj, MD, PhD
Barbara Gordon, MA
Laura Morton, MD
Whitney Nash, PhD, MSN, ANP-BC
Daniela Neamtu, MD
Frank Parker, MD
Frank Woggon, PhD, BCC, ACPE
Pam Yankeelov, PhD

 **INSTITUTE FOR SUSTAINABLE
HEALTH & OPTIMAL AGING**

300 E. Market St., Suite 200
Louisville, KY 40202
(502) 852-5629

UNIVERSITY OF
LOUISVILLE

INSTITUTE FOR SUSTAINABLE
HEALTH & OPTIMAL AGING

2018



5TH ANNUAL CRIT

**Clinical Retreat for
Interdisciplinary Training**
In Geriatrics and Palliative Care

Sat., Dec. 1- Sun., Dec. 2
French Lick Resort | French Lick, IN

www.OptimalAgingInstitute.org/CRIT

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The CRIT Program

Registration

Immersive Professional Development

CRIT is an intensive learning retreat that provides learners a variety of professional development opportunities, including an interdisciplinary case study, lectures from subject matter experts, leadership training, an action project, and networking opportunities.

What You Will Gain:

- New knowledge and skills in the care of older adults
- Increased ability to teach geriatrics and palliative care
- Improved leadership techniques required in your professional role
- A certificate of completion
- Supported in developing an action plan for conference submission

The Experience

Case Study Learning

The retreat program includes an unfolding interactive case divided into four modules following an older adult from presentation in clinic, to the emergency department, to hospital discharge, and through end-of-life care. Each module includes evidence-based mini-lectures on topics in geriatrics and palliative care, small group interactive exercises, and presentations designed to enhance teaching and leadership skills.

Lecture Content

- Decision Making Capacity & Advance Care Planning
- Social Determinants of Health
- Delirium & Hospital Care
- Functional Assessment
- Polypharmacy
- Discharge Planning
- Hospice
- Goals of Care

Action Projects

Each learner will attend two consultation sessions to develop an action plan for a project. Teams will be invited to a three-month follow up meeting to report on their projects. Teams are encouraged to present their projects at the Optimal Aging Conference.

Professional Networking

Social events are planned to foster relationships across disciplines. Free-time, meals together, a cocktail hour and a constant changing of the participants in workgroups allows learners to get to know each other by name and connect in ways other than by only brief moments of professional collaboration.

Deadline: October 31

Register online at:
www.OptimalAgingInstitute.org/CRIT

Program Cost:
\$425 per Registration

Registration includes: educational material, hotel for one night, dinner for registrant and family on Sat. night, breakfast and lunch on Sat. and Sun. Families are welcome and encouraged to attend.

Contact Information

Margaret Feldman
Email: mfeldman@louisville.edu
Phone: (502) 852-5629

Schedule Overview

Saturday, December 1

9:00 am - 2:30 pm Retreat Instruction Time

2:30 pm - 6:30 pm Free Time

6:30 pm - 8:30 pm Cocktail Reception & Dinner
(Guest or spouse & family invited)

Sunday, December 2

8:00 am - 1:30 pm Retreat Instruction Time

Thursday, March 7, 2019

3:00 pm - 6:00 pm Follow-up meeting & reception at the Institute