

Sunday, June 9

7:30 am – 4:00 pm Registration & App Instruction Desk Open

8:30 am - 11:30 am Continuing Education Offerings:
Domestic Violence Identifying and Addressing Intimate Partner Violence Across the Lifespan
 Amanda Corzine, RN, MSN, SANE-A, CFN

Assessing & Managing Suicide Risk: Part I
 Anna Walton, LCSW

11:30 am - 12:30 pm Lunch - on your own

12:30 pm - 3:30 pm Continuing Education Offerings:
Social Work Ethics: Addressing Complexity
 Claude Drouet, LCSW

Assessing & Managing Suicide Risk: Part II
 Anna Walton, LCSW

Pre-Conference Hours/Credits & Pricing

All Day Session: Assessing & Managing Suicide Risk: Parts 1 & 2
 7 Hrs/Credits: Nursing, Social Work
 6 Credits CME Category 1
 Conference Attendee Cost: \$80; Regular Cost: \$100

Half-Day Session (Morning): Domestic Violence
 3.5 Hrs/Credits: Nursing, Social Work
 3 Credits CME Category 1
 Conference Attendee Cost: \$40; Regular Cost: \$50

Half-Day Session (Afternoon): Social Work Ethics
 3.5 Hrs: Social Work
 Conference Attendee Cost: \$40; Regular Cost: \$50

9:00 am – 4:00 pm Exhibitor Set Up

4:00 pm - 5:30 pm **Opening General Session - Keynote Speaker**
Alzheimer's Update

Gregory Jicha, MD, PhD, Professor in the Department of Neurology and Sanders-Brown Center on Aging at the University of Kentucky

6:00 pm – 8:00 pm **Rooftop Sponsor & Exhibitor Reception**
 All conference attendees as well as sponsors & exhibitors are welcome to attend this evening reception.

Monday, June 10

7:00 am – 4:30 pm Registration & App Instruction Desk Open

7:30 am - 8:30 am **Networking Breakfast in Exhibit Hall**

Continental Breakfast
Exhibit Hall Opens

7:00 am – 11:30 am **Exhibit Hall Open**

8:30 am - 10:00 am **Second General Session - Keynote Speaker**

Investing in Health and Hope: Health Equity Across the Life Course

Brandy Kelly Pryor, PhD, Senior Director of Programs at Humana Foundation

10:15 am - 11:15 am **Breakout Session 1**

Track: Inspire

Brings Resources and Empowerment to Rural Counties

Mona Huff, University of Louisville Trager Institute

Mona Huff is a community organizer and national advocate for diabetes. She has worked in the Henry County community as a pastor, community education director and is presently working with the U of L Trager Institute. The mission of the Institute and her job is to promote healthy communities and inspire seniors to know they can be healthy as they age. You will learn how she did that for herself and then became passionate about sharing with others.

Track: Innovate

Innovation in Providing Person Centered Care

Grechen Houchin, Nazareth Home & Nazareth Home Clifton

Nazareth Home is on the cutting edge of innovative person centered care. Once a referral made, we work closely with the elder and family to begin the process of introducing innovative relationships. We combine an elders life with technology through a variety of programs and services. In this partnership, we strengthen our knowledge of the elder and their specific care needs. Our process has proven to be successful and the impact improves effective elder engagement.

Track: Impact

Getting Old is Not for Sissies...Coping with the Hard Parts of Getting Older

Keri Williams, Med Center Health - Senior Perspectives

Most people age without much difficulty. However, there are many that struggle with the challenges getting older throws at them. Some experience depression and anxiety. The Senior Perspectives program provides a therapeutic environment in which the participants feel supported while assisting them in processing their symptoms and developing necessary coping skills.

Track: Investigate

Social Isolation and Social Good: A Radical Approach to Addressing Loneliness

Ben Reno-Weber, MobileServe

Social isolation is the fastest growing public health issue in the US. Current treatments are often ineffective because they are focused on symptoms, not root causes. This session summarizes recent research on isolation and offers simple tools to address social isolation through purposeful engagement

Track: Integrate

Twilight Wish Foundation- Bridging the Gap from Education to Clinical Practice

Dr. Julie Hartmann, Gannon University

Student physical therapists often begin graduate school with little exposure to older adults and

are often not comfortable working with this population during clinical experiences. One method of bridging this gap is encouraging student participation with the Twilight Wish Foundation, a non-profit that grants wishes for older adults.

11:30 am - 12:45 pm Awards Luncheon

Exhibit hall closed for lunch. Exhibitors are able to purchase lunch when registering for exhibit-only conference registrations.

12:45 pm – 5:00 pm Exhibit Hall Open

1:00 pm – 2:00 pm Third General Session - Keynote Speaker

Improving Quality of Life across the Care Continuum: The Role of Palliative Care in Aging

Lori Earnshaw, MD, Internist and Palliative Medicine Specialist at Hosparus Health

2:15 pm – 3:15 pm Breakout Session 2

Track: Inspire

A Conversation About Ageism for Thought-Leaders and Thought Leaders to Be

Jeff Rubin, Rubin-Hagan Associates

This workshop is open to anyone who seeks to gain a greater understanding of the issues, impact, and magnitude of ageism. They'll learn how ageism is being addressed nationally and internationally, and how thought leaders and change agents within their community may effectively address it.

Track: Innovate

Digital Transformation in Home Care

Sebastian Alvim, MyNurse

MyNurse support families and caregivers with a new community approach for home care. Technology plays a critical role in how we interact with home care providers.

Track: Impact

Civic Matchmaking -- Linking Retirees to Volunteer Opportunities

Greg Burris, Retired City Manager

What if you could implement one program that will address rising senior social isolation, provide a wave of talented volunteers to nonprofits serving your citizens in need, and make your community attractive to a generation with a lot of time, talent and treasure to share? That would be a win-win-win.

Track: Investigate

Leaving a Legacy

Dr. Barbara Head, University of Louisville School of Medicine; Kim Pate, MD University of Louisville School of Medicine

Leaving a legacy for close family members and friends benefits both the older adult and survivors. This session explores various means for legacy creation and the benefits of legacy work. Participants will participate by reflecting on their own lives and deciding how to share their legacy with others.

Track Integrate

Music Therapy and the Aging Population

Dr. Lorna Segall, University of Louisville

The purpose of this presentation is to educate attendees on: understanding what music therapy is, how music therapy enhances the aging process, and the ways in which music therapy is utilized as an interdisciplinary and collaborative tool to invigorate the quality of life of our aging population.

3:30 pm – 4:30 pm

Breakout Session 3

Track: Inspire

A Boomer's View on how Technology can Help Older Adults Thrive in an Independent Living Environment

Dan Abell, Retired

A boomer's view of how we can utilize technology as a catalyst to improve and sustain our independent living environment. Reviewing the use of existing products, apps, social platforms, and other solutions to our advantage as well as creating a framework for future development and deployment to enable all of us to thrive.

Track: Innovate

The Plus Bus: Exploring Holistic Care Measures for Pain Management and Mental Health Support

Kammaleathahh Livingstone, BCSI, ATSI, LMT; Susan Rhema, Threshold

The importance of non drug interventions, or complimentary treatments needs more attention in the treatment of pain for older adults. Tip It Forward's, "Plus Bus" creates a hub for wellness by physically meeting people where they live, work, play and pray. It brings access and attention to holistic, preventative health measures. This presentation reports on the Plus Bus as a model for an interdisciplinary team approach.

Track: Impact

Getting the M.O.S.T Out of Life

JoAnna Weiss, KIPDA

The MOST form is an initiative that was approved by the Kentucky state legislature in 2015. It is identified by its bright pink color that was selected so it can be easily noticed and located. This form is intended to give Kentuckians more autonomy as they plan for end of life care. It does not always replace advance directives, but enhances them because it is completed in cooperation with a physician or health care provider, and it should be completed when one has a disease or condition that is progressing.

Track: Investigate

Is the Grass Always Greener? Medical Marijuana in Palliative Care

Dr. Christine Bridges, University of Louisville

Marijuana's medical risks and benefits are a hotly debated topic. This session reviews the current scientific literature regarding marijuana's ability to treat and control common symptoms and legal statues that affect research and implementation. The Cannabis plant and pharmaceutical drugs will be reviewed along with local and national legal concerns.

Track Integrate

Age-friendly Louisville: An Interdisciplinary and Participatory Agenda-Setting Case Study

Natalie Pope, University of Louisville Trager Institute; Anna Faul, PhD, UofL Trager Institute; Pam Yankeelov, PhD, UofL Trager Institute; Joe D'Ambrosio, PhD, UofL Trager Institute; Barbara Gordon, MA, KIPDA; Allison Smith, PhD, Louisville Forward

We explore an interdisciplinary and participatory approach to age-friendly city agenda-setting through the case study of Age-Friendly Louisville. Using a modified version of an urban planning participatory foresight model, Age-Friendly Louisville utilized seven steps increasing cross-links between community and expert insights to create a community-driven action plan.

5:00 pm – 6:30 pm

Exhibit Hall Breakdown

5:30 pm – 7:00 pm

Mobile Cocktail Reception

Join us cocktail reception at an off-site location in Louisville' Innovation Corridor. Appetizers provided.

Tuesday, June 11

7:00 am – 12:00 pm Registration & App Instruction Desk Open

7:30 am - 8:30 am **Networking Breakfast & Poster Sessions**

Continental Breakfast Provided

Poster Sessions

Track: Innovate

The Age Friendly Businesses Index: An Index Assessing Age-Friendly Business Practices

Natalie Pope, University of Louisville Trager Institute; Anna Faul, PhD, UofL Trager Institute; Pam Yankeelov, PhD, UofL Trager Institute

We created and validated an Age-Friendly Business Index, a multi-dimensional assessment of age-friendly business practices. Using the assessment to improve age-friendly business practices, organizations stand to improve the quality of life for older adults, the economic outlook of organizations and older adults, and the social climate of the community.

Track: Impact

Evaluation of Mechanical Thrombectomy in the Elderly Stroke Patients

Dr. Marwa Elnaseir, University of Louisville

Evaluation of mechanical thrombectomy (MT) for acute large artery occlusion (LVO) in the elderly stroke patients

Track: Impact

Animal Assisted Interventions for Dementia

Leigh Ann Bowman, University of Louisville Trager Institute; Kennette Rightnour, UofL Trager Institute

How close are you to your pet? How close is your loved one to their pet? Animal Assisted Interventions can decrease social isolation, agitation and depression for dementia patients and their caregivers. Come see our poster Alternative methods are available for those who have barriers to owning a live animal.

Track: Impact

Polypharmacy and Safe Prescribing in Elderly Patients

Dr. Stephanie Green, University of Louisville; Sushil Singla, University of Louisville; Thomas Del Guercio, University of Louisville; I dona Brewer, University of Louisville

An action project developed to educate residents, fellows and students on polypharmacy and safe prescribing in the elderly. The project incorporated a tele/videoconference lecture and a pre-lecture and post-lecture assessment, all which proved successful in improving general resident knowledge on safe prescribing.

Track: Investigate

Fostering Compassionate Care for Persons with Alzheimer's Disease

Dr. Sam Cotton, University of Louisville Trager Institute

The aim of this study was to examine the impact of the implementation of a new Compassionate Care (CC) curriculum on the quality of care provided by Certified Nursing Assistants (CNAs) to residents with Alzheimer's disease (AD). This study used Kirkpatrick's model of evaluation.

Track: Investigate

Activities of Daily Living and Depression Among Incarcerated Older Adults in Kentucky

Jacinta Dickens, University of Louisville; Stephanie G. Prost, MSW, PhD, University of Louisville; Seana Golder, MSW, PhD, University of Louisville; Heehyul Moon, MSW, PhD, University of Louisville; Sunshine Rote, PhD, University of Louisville; Adrian Archuleta, MSSW, PhD, University of Louisville

Using data from an ongoing study of older adults in the Kentucky Department of Corrections (n=332), we hypothesized there would be a positive relationship between ADL performance and depression. Preliminary findings show a significant positive relationship between ADL performance and depression, $r = .308$, $p = .001$, a medium effect.

Track Integrate

Older Adults and Behavioral Health: An Integrated Marketing Approach

Natalie Pope, University of Louisville Trager Institute; Sam Cotton, PhD, MSSW, UofL Trager Institute; Julie Ann Morgan-Siebe, ABD, MSW, LCSW, LAC, UofL Trager Institute; Megan Austin, MSSW, CSW, UofL Trager Institute

We developed a marketing and education strategy to improve the understanding of older adults and providers about the behavioral health needs of older adults and increase awareness of resources. Our campaign addressed older adults, students, and providers and consisting of print, digital, audio, and in-person channels while compiling with age-friendly design principles.

8:45 am – 9:45 am

Breakout Session 4

Track: Inspire

Wisdom of the Sages - 90 and Beyond...Legacy, Spirit, Grace

Stan Craig, ForeTalk

LOSING RON: Changing Advanced Care Planning from Difficult Documents to Caring Conversations

How a tragic death is changing Advanced Care Planning from completing difficult documents to caring conversations. A deeply personal experience led to creating a solution for advanced care planning. This how-to session, with stories, statistics and humor underscores the exceptional value of Advanced Care Planning and its implementation in personal and professional settings.

Track: Innovate

Never Blame the User: Technology Design For Older Adults

Todd Smith, Senior Group LLC

Ageism is so prevalent in technology product design that older adults have taken it on board and don't even realize they are perpetuating the stereotype, saying things like: "that stuff is for kids." But we believe that frustration is a design problem, and we should never blame the user. Instead we should custom-build the interface for the intended user. In this session we will talk about how

Track: Impact

Cultural Competence in Spiritual Care

Dr. Gail Henson, Bellarmine University

This presentation examines a curriculum developed for chaplains, social workers, and hospice workers to develop strategies for spiritual care and cultural competence for those serving ethnically, culturally, and religiously diverse populations. Quality of life is increased and spiritual distress is decreased for the elderly when spiritual caregivers have the cultural competence to acknowledge and address a client's spirituality, regardless of faith tradition.

Track: Investigate

The Relationship between Culture of Safety and Rate of Adverse Events in LTCF

Dr. Said Abusalem, University of Louisville

To assess the relationship of culture of safety dimensions and the rate of adverse events in LTCFs.

Track: Integrate

Utilizing Hospital Patient Experiences to Improve Value Added Senior Services

Candy Pettry, University of Kentucky

Patients, families and caregivers may not know what to expect when entering an emergency department. Providing informational material /brochure, utilizing specially trained volunteers

and a certified Eldercare Patient Navigator decreases the barrier of anxiety and fear of the unknown for senior patients at UK Albert B. Chandler Emergency Department.

10:00 am – 11:00 am Breakout Session 5

Track: Inspire

Wisdom of the Sages - 90 and Beyond...Legacy, Spirit, Grace

Coby Watier, My Health E

Patient Health Education + Compassionate Care = Happier, Healthier Patients.

Exponential growth in medical discoveries offer the potential for improved care for patients. However, scientific advances and quality health care information often do not reach patients. Learn how to help transform the pace, effectiveness, and quality of patient education, by improving the accessibility of information for the purpose of better health outcomes and happier, healthier patients. Learn how patient education translates into better health outcomes.

Track: Innovate

Wrapping Up the Loose Ends of life: Technology-Based Innovation at End of Life

Jennifer Good, Peacefully, Inc; Elham Ali, Peacefully

Interactive workshop to discuss how technology can improve the end of life experience. After a short presentation of Peacefully's work (www.peacefully.com), participants will be asked to share their own pain points related to end of life, experiences using technology to innovate at end of life, and ideas for further technological innovation.

Track: Impact

VA 101-Understanding the Department of Veterans Affairs and Partnering with Your Local VA

Lori Paris, Department of Veterans Affairs

This session will discuss the Department of Veterans Affairs and the organizational structure including Veterans Health Administration, Veterans Benefit Administration, and Veteran Cemetery Administration. The session will describe the integral spectrum of VA healthcare and community services and their roles in supporting and utilizing services for Veterans with serious chronic and disabling conditions. The session will provide a general overview of the process for determining eligibility for various veterans' benefits and describe how community partners assist veterans in qualifying for benefits. The session will also identify how community partnerships can enhance the quality of care for Veterans; and how these partnerships positively impact the community and the Veterans we serve.

Track: Investigate

Opportunities More than MOST- Reinventing Advance Care Planning

Justin Magnuson, University of Louisville Trager Institute; Christian Furman, UofL Trager Institute; Christine Bridges, University of Louisville Hospital; Kim Leake Pate, University of Louisville;

Advance Care Planning (ACP) is an important, challenging topic in modern healthcare. This session will subvert common misconceptions regarding ACP by using the "Hello" game to begin our discussion of ACP, then review literature, best practice guidelines, pilot projects, and answer questions with an expert panel.

Track Integrate

Family Involvement in Dementia Care: Building Partnerships to Improve Quality of Life and Care

Dr. Marianne Smith, Senior Group LLC

Family involvement in dementia care is central to quality care but is too often under-valued by staff caregivers. Newly developed and evaluated training based on the evidence-based

practice, Family Involvement in Dementia Care© offers easy access to strategies for building mutually agreeable staff-family partnerships that advance quality of care.

11:15 pm – 12:15 pm **Closing General Session - Keynote Speaker**

Don't Forget About Us: Understanding Intimate Partner Violence in the Aging LGBTQ Community

Carol Taylor-Shim, MSW, CEO of CTS Training and Consulting, LLC

12:15 pm

Adjournment
