

The Alzheimer's Association here for you, day and night. Whether you are a health care professional, provide daily care, participate in decision making or simply care about someone with the disease, help and support are available. You are not alone.



Alzheimer's Association 24/7 Helpline (800.272.3900): The Helpline is answered day or night by trained dementia specialists. We can offer support, information, referrals, or care consultations. We are able to speak with constituents in more than 200 different languages.

Virtual/Telephone Support Groups: The Alzheimer's Association has a network of caregiver and early stage support groups available across the chapter. These groups are led by trained facilitators, and provide participants with information, education and emotional support. To find a new support group to join, please call our 24/7 Helpline at **800.272.3900** or visit us online at alz.org/kyin/helping_you/support_groups



ALZConnected: This online community for people living with dementia and their family members is available 24/7 at alzconnected.org

Online Resources: Surround yourself with online support. The Alzheimer's Association has several free, online tools to help. alz.org



Health Care Professional Support: The Alzheimer's Association offers a variety of resources that can help your patients and caregivers cope and live with a dementia diagnosis. alz.org/professionals/health-systems-clinicians

Education Programs: We offer several educational programs for families and individuals facing Alzheimer's, as well as those in the community who want to know more about warning signs and how they can help someone living with the disease. alz.org/kyin/helping_you/education_programs



Care Consultation: Connect with a professional counselor or social worker to help you find information and resources, or to help guide you with decision-making. Appointments are available by telephone or videoconferencing. To schedule an appointment, call our 24/7 Helpline at **800.272.3900**.



The Alzheimer's Association leads the way to end Alzheimer's and all other dementia – by accelerating global research, driving risk reduction and early detection, and maximizing quality care and support. Our vision is a world without Alzheimer's and all other dementia.