



## Health Care Matters

# What is Home Care?

### Definition

“Home Care” is a simple phrase that encompasses a wide range of health and social services. These services are delivered at home to recovering, disabled, chronically or terminally ill persons in need of medical, nursing, social, or therapeutic treatment and/or assistance with the essential activities of daily living.

Home Care offers innovative and practical care solutions for those who wish to remain at home but need assistance. While home care is not a substitute for hospital care, it may enable many to remain in the comfort of their own home by offering a choice in care to anyone with a medical problem. As hospital stays decrease, increasing numbers of patients need highly skilled services when they return home. Other patients are able to stay at home to begin with, receiving safe and effective care in the comfort of their own homes.

### Home Care Providers

Home care providers are skilled, compassionate professionals who provide a variety of services; skilled care services such as physical therapy, occupational therapy, speech/ language therapy, medical social work and nursing care, as well as personal care services, from assistance in dressing to cooking dinner or doing the laundry.

### Requirements

The dominant payer of home care services is Medicare. They require that patients receiving services under Part A must be homebound. Although the definition of homebound has always remained a little vague, it is clear that a patient that can leave home alone without difficulty is not considered homebound. For more explanation, see our flyers on “*What is Homebound*” and “*Medicare Eligibility Checklist*”.

If you feel your patient could benefit from home care services or have questions about home care services, please contact us!

**WHEN YOU NEED  
EXCEPTIONAL HOME CARE  
PROFESSIONALS,  
ALL IT TAKES IS ONE CALL.**

Our team will work closely with the physician to coordinate services and develop an individualized plan of care. No matter when you call, you will always speak with an experienced associate who can help you with your home care needs.

**OUR SERVICES ARE AVAILABLE  
24 HOURS A DAY  
SEVEN DAYS A WEEK.**

Make us your first call for a comprehensive solution to all your home care requests.

### VNA Health at Home

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Medicare and Medicaid Certified

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