

alzheimer's  association®

AROUND-THE-CLOCK  
ALZHEIMER'S DISEASE  
INFORMATION  
AND SUPPORT

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24/7 HELPLINE: 800.272.3900





## WE'RE HERE DAY OR NIGHT — WHENEVER YOU NEED US.

The free Alzheimer's Association® 24/7 Helpline allows people living with dementia, caregivers, families and the public to:

- » Speak confidentially with master's-level care consultants for decision-making support, crisis assistance and education on issues people face every day.
- » Learn about the symptoms of Alzheimer's and other dementia, including vascular dementia, Lewy body dementia and mixed dementia.
- » Find out about local programs and services.
- » Get general information about legal, financial and care decisions, as well as treatment options for managing symptoms.
- » Receive help in their preferred language through our bilingual staff or translation service, which accommodates more than 200 languages.
- » Dial 711 to connect with a TRS operator.

**A recent study found that people who make even a single call to the 24/7 Helpline experience improved mental health and are better able to manage emotions, access resources and engage in action planning.**

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