

Come to Shepherdsville City Park for the  
4th Annual Diabetes Walk  
Saturday, September 17, 2016

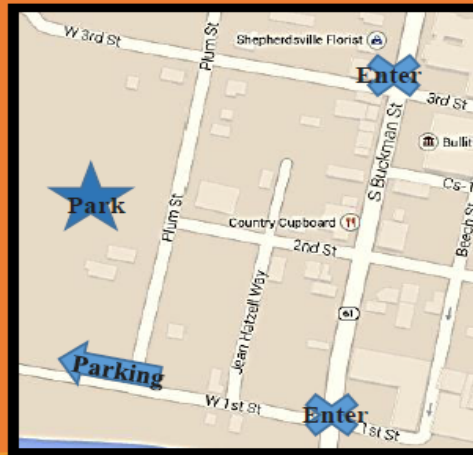


How the walking challenge works:

- Walkers are given a pedometer at registration to log your steps while you walk.
- Steps are recorded and tallied once you are finished walking or at 11:00 A.M.
- Prizes are awarded by age group for most steps walked

**Wear BLUE and bring your family and friends out for a great cause!**

Registration: 9:30-10:00 a.m. (Registration is free!)  
Walk anytime from 10:00 a.m.-11:00 a.m.  
Refreshments and Prizes at 11:00 a.m.



- \*Free goody bag and pedometer
- \*Snacks and refreshments for everyone
- \*Valuable health information for you and your family

This is a Healthy Bullitt County 2020 Community Health Improvement Plan (CHIP) activity brought to you by the Bullitt County Diabetes Coalition and the Healthy Choices Work Group. For information on how to join these groups or more about the CHIP, contact Cynthia Brown at the Bullitt County Health Department. Call 502-955-5355.

**Health Bullitt County 2020**

