

3 Part Training Series

MOTIVATIONAL INTERVIEWING

Join KCHC in a conversation about change and learn how to help individuals find the motivation to make positive decisions for their health. MI utilizes a nonconfrontational, collaborative effort between the professional or lay support person and community member to spark motivation and initiate change.

PART 1: SEPT 5, 2017

PART 2: OCT 3, 2017

PART 3: NOV 7, 2017

1 PM TO 3 PM EST

Please attend the meeting at any of the following locations. It will be held at all three locations simultaneously through video communication. If you cannot attend in person, please connect to the conversation online via Blue Jeans:
<https://bluejeans.com/692943781>

North Central District Health Department
1020 Henry Clay St
Shelbyville, KY 40065

Multipurpose Community Action Senior Center
214 Frank E Simon Ave
Shepherdsville, KY 4016

Barren River Area Development District Office
177 Graham Avenue
Bowling Green, KY 42101

Participants will receive a certificate of completion at the end of the series. Please register at <http://kchcmotinterviewing.rsvpify.com/> to receive the training manual. For questions call Megan Austin 502-440-9462

