Service Offerings

OLDER ADULTS & CAREGIVERS



HEALTH & OPTIMAL AGING

WHY CHOOSE UofL

We make aging an opportunity for older adults and caregivers through a variety of direct service offerings, research participation opportunities, and educational programming.



GERIATRIC CONSULTATION

We provide comprehensive, home-based geriatric consultation to older adults, caregivers, families, and community organizations. This service includes:

- A comprehensive geriatric assessment that assesses six determinants of health including: biological, psychological, individual health behaviors, health services, environmental, and social
- Customized care plan development and implementation support from our skilled team
- Polypharmacy consultation
- Access to our team of gerontology specialists and content experts to provide personalized advice and consultation on topics including:
 - Mobility & Fall Risk
 - Service Coordination
 - Long-term Care Arrangements
 - Alzheimer's & Dementia



FLOURISH PROGRAM

We offer a specialized care coordination program for adults with multiple chronic conditions. This program is free to eligible patients.



RESEARCH PARTICIPATION

We offer several ways for individuals to participate in and benefit from advances in medications, interventions, and innovations:



A program where adults 50+ can volunteer to participate in research and product testing conducted in the field of aging studies.



A subset of our Participant Registry, individuals can participate specifically in medical or health-related interventions and studies.



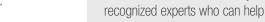
EDUCATION OPPORTUNITIES

We provide a variety of educational programs year-round that explore how you can age optimally, such as a conference, lectures, Optimal Aging Month, and a blog. We also host the Gold Standard Award for Optimal Aging.



COMMUNITY ADVOCACY

The Institute helps to lead several community initiatives that are great ways to get involved including: Age-Friendly Louisville, the MOST Coalition, and the Kentucky Coalition for Healthy Communities (KCHC).



create customized care plans to optimize your health.

The Institute has internationally

UofL is a leader in health and aging care, with a dedicated Institute for

Sustainable Health & Optimal Aging.

Our Flourish Integrated Care Coordination Model, used with more than 200 patients, is a proven model for improving both life satisfaction and health outcomes across six determinants of health

Our interdisciplinary care team can provide diverse consultation through a network of over 300 aging-related faculty throughout UofL.

With over 200 successful IRB applications and 20 funded grants, we have demonstrated success in developing innovative research that seeks to find answers to pressing aging-related questions.

CONNECT WITH US

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300 E. Market Street, Suite 200, Louisville, KY 40202 www.OptimalAgingInstitute.org | 502.852.5629